

# ICPG NEWSLETTER



Hello again,

As we mentioned in our last newsletter, there is a great deal of very positive news to report with regard to state funded problem gambling treatment as a result of the many changes which have been implemented.

I hope to see many of you at our annual MidCentral Conference on Problem Gambling in October at Fairbanks Hospital and at the many other events happening this month as we celebrate National Addiction Recovery Month.

Thanks,

Jerry L. Long, ICPG

## Major Changes and Improvements in State Funded Problem Gambling Treatment

Since 2005 the Indiana Council has advocated for a number of major changes with respect to how state funded problem gambling treatment services are delivered. These changes have been sought in order to improve access to treatment, to expand the types of treatment available, to improve on the efforts of treatment providers to be more responsive in getting problem gamblers into treatment quickly and to retain them in treatment for a period sufficient for their success. We are happy to report that all of these changes were implemented on July 1.

1. Previously treatment providers were paid \$2204 when they enrolled a problem gambler. This amount represented the state's treatment support for the fiscal year. Now providers are paid for only those services delivered. It is hoped that this change will lead providers to increase their efforts to keep gamblers in treatment for the period needed for the treatment to be successful.
2. Up until this fiscal year only outpatient treatment has been available for problem gamblers. Gamblers needing a more comprehensive treatment regimen can now access residential treatment in Indianapolis at Salvation Army Harbor Light Center and in Bloomington at Amethyst House.
3. Staff competency requirements for problem gambling treatment counselors now require a minimum of thirty (30) hours of problem gambling training endorsed by any of the three (3) national credentialing organizations. This training must include a minimum of two (2) hours each of screening/assessment, treatment and financial counseling or the counselor must be working on obtaining the thirty (30) hours of training while being supervised by an individual who has met this training requirement or someone who has obtained one of the gambling certification credentials.

4. The treatment plan and progress notes must document that the counseling has included financial management that at a minimum includes guidance in money management, budgeting, debt consolidation financial advice and assistance.
5. The treatment plan and progress notes must document referrals to self help groups (GA or GAM-Anon) and participation in these groups.
6. The individual must also be treated for other problems discovered in the assessment process. In the past this was very difficult as a result of the software used by DMHA.
7. Treatment providers must now respond to help line referrals within one work day of the call. Studies have shown that problem gamblers will not wait long to be seen.
8. Provider staff must participate in a minimum of two (2) of the treatment training events sponsored by the Division of Mental Health and its contractors each year.
9. Providers must participate in DMHA quality improvement initiatives.
10. Providers must submit a list of counseling staff who meet the counseling staff requirements along with the name of their clinical supervisor quarterly.
11. All Access to Recovery clients will be screened using the SOGS and referred to state endorsed problem gambling programs if found to have a gambling problem. AAR is a federal pilot program for those with an alcohol and drug addiction in the seven most populous counties in Indiana.
12. Individuals that are sent to problem solving courts and court alcohol and drug programs in Monroe, Allen,

Warrick and Shelby counties will be screened for problem gambling.

13. Efforts continue with regard to the issue of problem gambling treatment of those in and exiting Department of Correction facilities.

Without the leadership of Gina Eckart, DMHA Director; Diana Williams, DMHA Deputy Director of Addictions and Jennifer Fillmore, DMHA Director of Gambling, Co-occurring Disorders, & Forensic Projects; these long sought and much needed initiatives would not have been possible. The Indiana Council thanks you all for your great job.

### Jennifer Fillmore, 2010 National Problem Gambling Advocate of the Year

At the National Conference on Problem Gambling in June at Portland Oregon, Jennifer Fillmore received the National Council on Problem Gambling's award as its *2010 National Problem Gambling Advocate of the Year*. While Jennifer has been with the FSSA's Division of Mental Health & Addiction for less than two years, she has been successful in moving the state's response to problem gambling forward to a degree that many felt was impossible.

She has missed no opportunity to bring the issue of problem gambling to every venue that her job has taken her. As she is responsible for co-occurring disorders and forensic projects, her work responsibilities have provided many such opportunities. In the past, the Indiana Council has been very outspoken in advocating major improvements in how DMHA has approached its problem gambling efforts, we are very thankful for the many positive changes that Jennifer and the leadership at DMHA have now implemented. Congratulations and thanks. Indiana is now seen as a leader.

## ICPG Mission Statement

The Indiana Council on Problem Gambling strives to generate awareness, promote education, and be an advocate for quality treatment of problem gamblers in the State of Indiana.



### MidCentral Alliance on Problem Gambling Member Organizations

- Illinois Council on Problem Gambling
- Indiana Council on Problem Gambling
- Kentucky Council on Problem Gambling
- Michigan Association on Problem Gambling
- Northstar Alliance on Problem gambling
- Problem Gambling Network of Ohio
- West Virginia Council on Problem Gambling
- Wisconsin Council on Problem Gambling
- Gambling Recovery Ministries of the United Methodist Church
- Indiana Division of Mental Health & Addiction
- Indiana Problem Gambling Awareness Program
- Kentucky Behavioral Health & Developmental and Intellectual Disabilities

### MidCentral Alliance Conference

This year's MidCentral Alliance on Problem Gambling Conference will be held in the Recovery Center at Fairbanks Hospital on the northeast side of Indianapolis on October 14-15. Registration is \$60 for members of the sponsoring organizations and \$90 for all others. Thirteen (13) CEUs are available to attendees. Seating is limited to about one hundred (100). The registration form is available on the Indiana Council's web site: [www.indianaproblemgambling.org](http://www.indianaproblemgambling.org).

The workshops and presenters are as follows:

#### Thursday October 14

##### Update on Indiana's 2010 Problem Gambling Initiatives

Jennifer Fillmore, DMHA

##### Case Management-Helping Counselors Manage the Crisis of Gamblers in Recovery

Jerry Bauerkemper, Nebraska Council on Problem Gambling

##### Practical Skills for Engaging Problem Gamblers in Treatment

Jenny Campbell-Roux & Pat Bringardner, Problem Gambling Network of Ohio and Herbert (Bud) Newman, Kentucky Council on Problem Gambling

#### Friday October 15

##### Recovery from the Gambler's Perspective-Using Focus Groups with Gamblers to Develop a Treatment Program that Works

Jerry Bauerkemper, Nebraska Council on Problem Gambling

##### Financial Pressure Relief and the Other Gifts of Recovery

Wayne Burdick, & Scott Damiana Outreach Foundation for Problem & Compulsive Gamblers

##### Never Enough: One Lawyer's True Story of How He Gambled His Career Away

Mike Burke

This event is funded by the FSSA-Indiana Division of Mental Health & Addiction via the Indiana Problem Gamblers' Fund.

We hope to see you at this conference in October.

### Indiana Casinos by the Numbers

#### FY10 Data

13 Casinos - 10 Riverboat Casinos, 1 Land Based Casino & 2 Horse Track Based Casinos

Enacting Legislation Passed in November 1993

First Casino Opened in December 1995

Gaming Company Revenue \$2.8 B (3rd nationally)

State Gaming Tax Revenue \$878 M (1st nationally)

Graduated tax rate from 15% to 40% of gross gaming revenue

FY10 admissions 26.4 M

### New Problem Gambling Help Line Provider Selected

Bensinger, DuPont & Associates has been selected as the FSSA-DMHA help line provider. Bensinger previously provided this service to Indiana residents from FY03 through FY06. Bensinger provides this service to a twelve other states. They are one of the leaders nationally in this field and will do an excellent job for our state.

### The AGA and the 2010 Responsible Gaming Education Week

The American Gaming Association, the casino gaming industry's trade organization, was established in 1995. Many of the Indiana casino operators are AGA members. In 1996, the AGA created the National Center for Responsible Gaming to fund research the issue of problem gambling. Since 1996, the AGA's members have provided more than \$22M to the NCRG for research. Each year since 1998 the NCRG has hosted an annual conference in November at Las Vegas where the latest research is showcased.

In 2003, the AGA developed a mandatory code of conduct for their members that speaks to their members' responsible gaming efforts. For the last thirteen years, the AGA has designated the first week in August as Responsible Gaming Education Week. This year's theme was "Taking the Mystery out of the Machine." During this week efforts are made at each casino to expand their employees' knowledge of problem gambling. The Indiana Council has been part of this effort for the last several years. This year we again hosted a short quiz on our web site for casino employees. The answers to the questions were available on our web site or through the links found there. Several thousand casino employees took the quiz. The names and scores were then given to each casino who then randomly selected employees to receive a variety of prizes. The Indiana Council has also developed problem gambling posters for employees and patrons of the Indiana casinos.

A great deal of very useful information can be found on the AGA web site: [americangaming.org](http://americangaming.org). There is data by state for each state that has a casino that we sometimes feature in this newsletter. There is a AGA Smartbrief that comes out every business day which is free to those who sign up for it. Occasionally there are free webinars that you can in which you can participate. Additionally, the AGA produces

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a number of brochures that are very useful. Many of you have seen the "Talking with Children about Gambling." We take these with us to all of the events which we attend. The newest brochure is titled, "Taking the Mystery out of the Machine: A Guide to Understanding Slot Machines."

From the brochure, there are 833,000 legal slot machines currently in use in the U.S. Slots are the favored gambling type of 59 percent of gamblers. Slot machines pay out 88 to 98 percent of the money paid in over time. Please visit the AGA web site.

**Casinos & Those Gamblers with Unpaid Child Support**

Indiana's casinos will soon be checking the names of winners of \$1200 or more against a list of dead beat parents who are in the arrears on their court ordered child support. The Indiana Gaming Commission intends to adopt a rule in response new legislation requiring this action that is required under IC 4-33-4-27 or IC 4-35-4-16. Winners of this amount and more are checked against a list of those who have self excluded themselves from Indiana casinos by signing up for the Voluntary Exclusion Program (VEP). Those cashing checks are also checked against the list. When found to be on the list they are charged with trespassing or escorted from the casino. Thus far 3714 people have excluded themselves from Indiana's 13 casinos. Of these 1507 are Indiana residents, 53 percent are males and 14 percent are females.

**Self Health Guide for Problem**

The Institute on Research on Gambling Disorders is an independent program of the National Center for Responsible Gaming and is charged with managing and administering a competitive research grants program, and conducting public awareness and education about gambling disorders. The Institute will now provide a self-help tool for problem gamblers titled "Your First Step to Change." The guide was originally developed by the Division on Addictions at the Harvard Medical School (now at Cambridge Health Alliance) as a booklet for callers to the Massachusetts Council on Compulsive Gaming. The guide is intended for gamblers who are concerned about their gambling and thinking about changing their behavior. It is based on research showing that people with addiction are ambivalent about changing their behavior. Produced with funding from the National Center for Responsible Gaming, through the Institute, and the Massachusetts Department of Public Health. It can be found online at:

<http://divisiononaddictions.org/html/publications/gamtoolkit.pdf>

**Upcoming State Funded Training Opportunities for FY11**

September 29th, 2010

Treatment of Pathological Gambling

September 30th, 2010

Group Treatment for Pathological Gambling

October 14-15th, 2010

MidCentral Alliance on Problem Gambling

November 18th, 2010

What's Race and Culture Got To Do With It? Cultural Competent Problem Gambling Treatment and Outreach

November 19th, 2010

Porch Rocking or Gambling: Older Adults & Problem Gambling

March 2011 TBA

March 23rd, 2011

Motivational Interviewing for Problem Gamblers

April 20th, 2011

Problem Gambling and Co-Occurring Issues

April 20th, 2011

Women and Gambling

May 12th, 2011

Financial Planning for the Problem / Pathological Gambler and Family

May 23rd, 2011

Group Treatment for Pathological Gambling

May 24th, 2011

Treatment of Pathological Gambling

For more information please contact

Desiree Goetze at: [dgoetze@indiana.edu](mailto:dgoetze@indiana.edu)

or

Jerry Long at:

[jllong@indianaproblemgambling.org](mailto:jllong@indianaproblemgambling.org)

**National Addiction Recovery Month**

September is designated as National Addiction Recovery Month each year. To celebrate this, a number of activities are planned.

**September 14-16, 2010**

**Indiana Addiction Recovery Symposium**

Indianapolis Marriott East

This conference will bring together participants, speakers and panelists from throughout Indiana and the nation to learn and share knowledge on addiction and evidence based practices.

Attendees can receive up to 17 continuing education units (CEUs) or contact hours (Chs).

Registration is \$20 a day or \$50 for all three days.

For more information and to register, please go to: [www.inarms.org](http://www.inarms.org).

**September 25, 2010**

**Three Events**

**Recovery Ride 2010**

Those wishing to participate can register at the departure point, the west side steps of the State Capitol Building in downtown Indianapolis between 8:30 and 9:30 am. The ride itself is from 9:30 to 11:00 am.

You can register online at: [www.recoveryindiana.org](http://www.recoveryindiana.org)

**Hawk Walk- First Steps to Recovery**

In Native American tradition, hawks are messengers that soar between heaven and earth. They help to open our eyes to a vision of a better and brighter future. You can register on site at 8:30 am for this 3 K walk.

You can register at: [www.halkwalk2010.ezregister.com](http://www.halkwalk2010.ezregister.com)

**Celebration Rally for Recovery**

Please join us at 11:30 am following the other two events for the free rally at the Canal-Ohio Street Basin near the state office building complex.

**New Problem Gambling Workbook**

FSSA-DMHA has gathered a great deal of information necessary to help problem gamblers and those working with problem gamblers and their families into an online manual titled: Indiana Problem Gambling Treatment Resource Manual. This tool will be updated as needed and can be found at:

<http://www.ipgap.indiana.edu/network.html>

## Gambling Recovery Ministries of the United Methodist Church

Exhibiting at health fairs is a great way to share information about problem gambling and recovery issues. GRM provides an information booth annually at the U.S. Census Bureau Health Fair in Jeffersonville. This year's September event will host approximately 1000 attendees: a great crowd to hear the word of problem gambling prevention and recovery!

Providing programs to churches about problem gambling is another arena to tell the good news about recovery options and issues. On October 17, GRM will present a program of prevention education and Q & A discussion at Grace United Methodist Church in Franklin Indiana.

Finally, good reports on GRM's greatly expanded web site continue to come in. Please check us out along with the GRM Blog at our web site [www.grmumc.org](http://www.grmumc.org). Folks are welcome to sign up for GRM's E-News Bonus Pages on the web site, as well.

*Rev. Janet Jacobs, Director*

## New Twist on Gambling by College Students

From the Indianapolis Star's Jason Thomas on August 11, 2010: Website Lets Students at IU bet on Grades. "Indiana University students have a new incentive to cram for exams: They can make money on their performance through a newly launched website. Ultrinsic, which allows students to wager on grades, was launched last year at New York University and the University of Pennsylvania. It has stoked controversy as some university officials debate whether it's a form of online gambling, which is illegal in the United States."

"Indiana and 34 other schools were added to the site Monday (August 9), part of an aggressive expansion that could include up to 200 schools by spring."

"The university has no relationship with this website or any kind of agreement," said IU spokesman Larry MacIntyre, adding that the school first learned about the site Tuesday. In no way are we cooperating with this website. That might be moot, because Ultrinsic, which has about 1,000 users, works with students to acquire official transcripts for grade results and does not contact the university."

From the Bloomington Herald Telephone on August 12, "We have no relationship with this site and we wouldn't choose to, said IU Dean of Students Pete Goldsmith. This is not something the university would associate itself with."

"Started a year ago by recent graduates of the University of Pennsylvania and New York University, the site invites students to pay money up-front in what various news organizations have described as a wager on what grade the student will receive in a class in which the student is enrolled. The student must submit a transcript and academic history, and then the site managers determine what that student's payoff would be for hitting his or her target grade."

## Problem Gambling Training Opportunities

### Treatment of Pathological Gambling

September 29-30 Indianapolis (12 CEUs)  
Contact: [dgoetze@indiana.edu](mailto:dgoetze@indiana.edu)

### Midcentral PG Alliance Conference

October 14-15 2010 Indianapolis (13 CEUs)  
Contact: [jllong@indianaproblemgambling.org](mailto:jllong@indianaproblemgambling.org)

### NCRG 11th Annual Conference

November 14-16 2010 Las Vegas  
Contact: [ncrg.org](http://ncrg.org)

## Helpful Contact Information

Indiana Problem Gambling Help Line: 1-800-994-8448

Indiana Voluntary Exclusion Program (VEP): 1-317-234-3600

National Problem Gambling Help Line: 1-800-522-4700

Indiana Council on Problem Gambling: 1-866-699-4274

Gamblers Anonymous: [www.gamblersanonymous.org](http://www.gamblersanonymous.org)

Gam-Anon: [www.gam-anon.org](http://www.gam-anon.org)

Indianapolis Gamblers Anonymous: [www.indyga.org](http://www.indyga.org)

Female Gamblers: [www.femalegamblers.info](http://www.femalegamblers.info)

[recoveringgambler.com](http://recoveringgambler.com)

Gambling Recovery Ministries: [grmumc.org](http://grmumc.org)

Indiana Addictions Issues Coalition:

[www.indianarecovery.org](http://www.indianarecovery.org)

Indiana Council on Problem Gambling:

[www.indianaproblemgambling.org](http://www.indianaproblemgambling.org)

## Newsletter and Printed Materials

Please share the **ICPG Newsletter** with others who you think would be interested in the information that it contains. If you need our free brochures, please let us know by emailing us at: [jllong@indianaproblemgambling.org](mailto:jllong@indianaproblemgambling.org)

## Support the ICPG Through Your Annual Membership

Indiana Council Membership (\$50)

National Council Membership (\$75)

Joint Individual Membership of the ICPG & NCPG (\$85)  
and saves you \$40

Indiana Council on Problem Gambling membership supports efforts to address problem gambling and is tax deductible. The ICPG is a Federal 501(c)(3) not for profit organization (35-1999551).